



Kayla Gets Real

MISS AUGUST 2008 CONQUERS HER FEARS IN THE JUNGLE ON *I'M A CELEBRITY...GET ME OUT OF HERE!*



When Kayla Collins accepted the offer to be a contestant on the 10th season of the popular U.K. reality-TV show *I'm a Celebrity...Get Me Out of Here!* the diminutive 23-year-old beauty never imagined the struggles she would face. For nearly three weeks she cohabited with her 12 competitors on a remote island and contended with torrential rain, crude living conditions and disturbing insects—all while engaging in a myriad of unsavory challenges. “In one trial I had to hold a huge cockroach with prickly legs in my mouth for 20 seconds,” Kayla recalls. “It kept trying to push its way out.” Despite this and other horrors, Kayla persevered: Out of 13 cast members she was the eighth to be cut. “I would never have thought I could do the things I did, but I just went into survival mode and forgot my fears,” she says. Naturally, the return to civilization was sweet—her first shower, indoors and sans TV cameras, particularly so. “It felt amazing to shower naked again,” she says. “I was in there for over an hour.”



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